

GRAPPLER'S UNION

Kumite Rules & Regulations

I. Submission only

The Referee decides winner based on aggression, control, takedown attempts, submission attempts, activity (no lay & pray on top or stalling in guard from bottom). The Referee can stand the competitors up if stalling to restart in neutral position.

II. No Slams

We like wrestling, it is part of grappling as a whole, but we are not here to cause intentional injuries to our opponents, safe competition is a must. Takedowns shall be performed in a natural motion, no lifting to create extra force.

III. All Submissions are Legal

As our sport continues to grow, we are seeing the other forms of grappling starting to merge with jiu jitsu, we @ GU can appreciate that and welcome the other styles, all submissions, leg entanglements (reaping, etc...) are legal, if you aren't training, or have not been exposed to such moves (leg locks, neck cranks etc...) then you haven't been paying attention to the evolving nature of our sport, and you better start training them.

IV. Not Every move is Legal

It goes without saying, but we will say it anyways; No biting, no eye gouging, no fish hooks to the mouth, no striking of any kind, no hair pulling & no small joint manipulation (pulling fingers and toes), please pay attention to these rules, don't be a dumbass.

V. Out of Bounds

If you and your opponent end up out of bounds, the Referee will assist or ask you to restart in the middle of the mat surface area in a neutral position or back in the same position as remained when falling out of bounds, this will be at the ref's discretion.

VI. Single Elimination Tournament

This will be a single elimination tournament, 16yrs old & up are allowed to compete in this tournament, we will also be hosting women's team tournaments throughout the year as well. The tournament will consist of 4 teams, guaranteed multiple matches per competitor, team competition is the focus, each team (or gym) shall bring 4 players, the team with the most points wins, there will be an end of year tournament with all winning teams. The total combined weight per team shall be 735 lbs, with an 8 lbs error factor. Points per placement will be as follows;

- 4 points for 1st place
- 3 points for 2nd place
- 2 points for 3rd place
- 1 point for 4th place

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KUMITE TOURNAMENT